



Nutritionsmedicin, körtlar, inre organ och kinesiologi

Denna sammanställning av "Nutritionsmedicin, körtlar, inre organ och kinesiologi" med associerade neuromotoriska tester är tänkt att fungera som en hjälp för kinesiologer att välja produkter från Thorne, Alpha Plus, Metagenics och Helhetshälsa.

Listan är gjord i samarbete med nedanstående svenska grossister/tillverkare.

Kontakta varje företag direkt för mer information eller kurser om de olika produkterna.

Edura

Svensk grossist: Edura AB www.edura.se

Amerikansk tillverkare: Thorne www.thorne.com

AlphaPlus

Svensk grossist: Alpha Plus www.alpha-plus.com

Svensk tillverkare: Alpha Plus www.alpha-plus.com

Amerikansk tillverkare: Metagenics www.metagenics.com



Helhetshälsa

Svensk grossist: Helhetshälsa AB www.helhetshalsa.se

Svensk tillverkare: Helhetshälsa AB www.helhetshalsa.se

Amerikansk tillverkare: Lily of the Desert www.lilyofthedesert.com

Magsäck

Pectoralis major clavicularis, Biceps brachii.

Edura: MediClear (SP640), L-Glutamin (SA518, SA519), Morinda Supreme, Formula SF734 (SF734), Coptis (SP628), Dipan-9 (SD400, SD401), PlantiZyme (SD403), Bio-Gest (SD404, SD405), B.P.P (SD410), Betaine HCl / Pepsin (SD414, SD415), GI-Encap (SF703).

AlphaPlus: UltraClear Sustain, Glutamin, AloeVera, Lakritsrot, Altearot, AllZym Max, Metagest, Bactocil.

Helhetshälsa: Aloe Vera Juice, Bitter, Digest, Helazym, Bromelain, Glutationkomplex, Linfröolja, Probioplex, FenuLife, MSM, ZinkOptimal.

Pancreas enzymer

Latissimus dorsi.

Edura: Dipan-9 (SD400, SD401), PlantiZyme (SD403), M.F. Bormelain (SB315).

AlphaPlus: AzeoPangen, AllZymMax, ProteaZym.

Helhetshälsa: Helazym, Bromelain, ZinkOptimal, Digest.

Pancreas insulin

Triceps brachii.

Edura: Endo Supreme, Diabenil (SF790), Vanoxyl 5/25 (M266/M267), UltraChrome 200/500 (M274/M276), L-Glutamine Powder (SA519), Omega Plus (SP607).

AlphaPlus: UltraMeal 360, Min-Plex B, Glycogenics, GT-formula, Glutaminpulver, Omega-EFA.

Helhetshälsa: AO12, alfa-liponsyra, FenuLife, GI-mellanmål, Linfröolja, Lignaner, MagnesiumAEP, HelaminTRACE.

Lever

Pectoralis major sternocostalis, Rhomboideus.

Edura: MediClear (SP640), Bodyguard Supreme, S.A.T (SF732), T.A.P.S (SF773), Siliphos (SF733), Lipotrepein (SF700), Glycin (SA512), Curcumin (SF775), Calcium D-Glucarate (M280).

AlphaPlus: UltraClear, UltraClear Plus, Mariatistel, Maskros, HepatoPlex, Meta Lipoat, Glycin.

Helhetshälsa: Glutationkomplex, UltraLife, Probioplex, alfa-liponsyra, MSM, HelaminTRACE, Gojibär-extrakt.



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Gallblåsa

Popliteus.

Edura: Lipotrepein (SF700), S.A.T (SF732), T.A.P.S (SF773), Liver Cleanse (SF769), Herbal Bulk (SP611), Dipan-9 (SD400/SD401), Plantizym (SD403).

AlphaPlus: Lipotropic Plus, HepatoPlex, Kronärtskocka, Boldo, Cascara, UltraFiber, LipoZym.

Helhetshälsa: Linfröolja, Lecitin, Probioplex, Bitter, Helazym, Digest, C-vitamin (askorbat), C-vitamin (askorbinsyra), E-vitamin, Parasitkomplex.

Tolvfingertarm

Rectus abdominis, Obliquus abdominis.

Edura: Lactobacillus Sporogenes (SF758), Sacro-B (SF757), MediClear (SP640), L-Glutamine Powder (SA519), Morinda Supreme, Formula SF734 (SF734), Coptis (SP628).

AlphaPlus: UltraFlora Max, UC Sustain, Glutaminpulver, Altearot, AloeVera, UltraInflamX.

Helhetshälsa: Bromelain, Probioplex, Aloe Vera Juice, Glutationkomplex, MSM.

Tunntarm

Quadriceps, Rectus femoris.

Edura: MediClear (SP640), L-Glutamine Powder (SA519), Lactobacillus Sporogenes (SF758), Sacro-B (SF757), Morinda Supreme, Phytoprofen (SF799), Formula SF722 (SF722), Berbercap (SF760), Arabinex (SP619), Artecina (SF736), Formula SF734 (SF734), Coptis (SP628), GI-Encap (SF703).

AlphaPlus: UC Sustain, Glutaminpulver, UltraFlora Max, Altearot, AloeVera, UltraInflamX, Zn-arginin, Lakritsrot.

Helhetshälsa: Probioplex, Aloe Vera Juice, MSM, UltraLife, Bromelain, ZinkOptimal, Linfröolja, SuperGreens.

Ileocecalklaff

Iliacus, Tensor fasciae latae.

Edura: Phytoprofen (SF799), MediClear (SP640), Lactobacillus Sporogenes (SF758), Sacro-B (SF757), L-Glutamine Powder (SA519), Calcium Aspartate/Citrate/CitraMate (M212/M217/M270), Morinda Supreme, Formula SF722 (SF722), Berbercap (SF760), Arabinex (SP619), Artecina (SF736), Formula SF734 (SF734), Coptis (SP628)

AlphaPlus: UltraInflamX, UC Sustain, KarotenPlus, Probiotika, Altearot, AloeVera, Glutamin, Kalcium Plus.

Helhetshälsa: Magnesium-KalciumAEP, ZinkOptimal, Aloe Vera Juice.

Blindtarm

Quadratus lumborum.

Edura: MediClear (SP640), L-Glutamine (SA518), L-Glutamine Powder (SA519), Lactobacillus Sporogenes (SF758), Sacro-B (SF757), Morinda Supreme, Formula SF722 (SF722), Berbercap (SF760), Arabinex (SP619), Artecina (SF736).

AlphaPlus: UC Sustain, Glutamin, UltraInflamX, UltraFlora Max, Artemisia, Färsk Svart Valnöt, ParaPlex, Altearot, Lakritsrot.

Helhetshälsa: Probioplex, Bromelain, Aloe Vera Juice, Tarmbalans, FenuLife, Bitter, Glutationkomplex, Parasitkomplex, Chlorella, Oxymax.

Tjocktarm

Tensor fasciae latae.

Edura: Lactobacillus Sporogenes (SF758), Sacro-B (SF757), Herbal Bulk (SP611), Medibulk (SP621), L-Glutamine Powder (SA519), L-Glutamin (SA518), Herbal Laxative (SF768), Morinda Supreme, Formula SF722 (SF722), Berbercap (SF760), Arabinex (SP619), Artecina (SF736).

AlphaPlus: UltraFlora Max, UltraFiber, Herbulk, Cascara, Glutamin, Altearot, Pau d'arco, ColoZone.



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Helhetshälsa: Tarmbalans, FenuLife, Psylliumfröskal, Probioplex, Oxymax, Digest, Helazym, Bromelain.

Mjälte

Trapezius ascendens, Trapezius transversa.

Edura: IM-Encap (SG820, SG821), Endo Supreme, S.A.T (SF732), T.A.P.S (SF773).

AlphaPlus: Ringblomma, HepatoPlex.

Helhetshälsa: SuperGreens, Berry-antioxidantmix, Helavit IDEAL, HelaminTRACE, JärnOptimal, ZinkOptimal.

Njurar

Psoas major, Iliacus.

Edura: Uristatin (SF726), Berbercap (SF760), SAT (SF732), P-5-P (B116/B126), Magnesium Citrate (M234).

AlphaPlus: NefroPlex, Ringblomma, Nässla, MinPlex B, Maskros, Mjölon, Altearot, Persiljerot.

Helhetshälsa: Bitter, AO12, Gojibär-extrakt, ZinkStatus.

Urinblåsa

Fibularis/Peroneus longus, Fibularis tertius, Tibialis anterior, Erector spinae.

Edura: Uristatin (SF726), Berbercap (SF760), Lactobacillus Sporogenes (SF758), Sacro-B (SF757), S.A.T (SF732), T.A.P.S. (SF773).

AlphaPlus: NefroPlex, Mjölon, UltraFlora Max, Maskros, MaxDofilus.

Helhetshälsa: Probioplex, Bromelain, C-vitamin (askorbinsyra). Kvinnor: Isoflavonoider, WildYam cream, Wild Yam vaginal gel. Män: Saw Palmetto.

Hjärta

Subscapularis.

Edura: Q10 Plus (SF713), Super EPA (SP608), Omega Plus (SP607), CO-10 (SF721), CoQ10 Softgels (SP617), CoQ300 (SP618), Magnesium Aspartate/Citrate/CitraMate (M213/M234/M272), L-Carnitine (SA502), E-500 (E142), Ultimate-E (E143), Methyl-Guard (SF787), Omega-3 w/ CoQ10 (SP616), Krill & CoQ10 (SP613), Perfusia (SA525), Tri-Spartate (M203).

AlphaPlus: Essential Daily Defence, Alpha Antiox, Hjärtstilla, BioCo Q10, Vitlökssaft, L-carnitin, Magnesium AAC, Omega EFA, EPA/DHA, Glycogenics, Bio E Gamma Plex.

Helhetshälsa: Q-10, MagnesiumOptimal, AO12, Linfröolja, GI-mellanmål, Gojibär-extrakt.

Lungor

Serratus anterior, Deltoideus, Coracobrachialis.

Edura: Anti-Oxidant (SF702), Planti-Oxidants (SF701), Vitamin-A (A97), Vitamin C with Flavonoids (C152), T.Asthmatica Plus (SF766), Petadolex (SP627), Sulfonil (SF783), Coleus Forskohlii (SF756).

AlphaPlus: AlphaAntiox, Kungsljus, KarotenPlus, Timjan, 500-C Metoxyflavon.

Helhetshälsa: MSM, Bromelain, AO12, C-vitamin (askorbinsyra), Gojibär-extrakt.

Bihålor

Sternocleidomastoideus, Scaleni, Splenius.

Edura: -

AlphaPlus: Bromelain, UltraPotent C.

Helhetshälsa: Bromelain, Probioplex, MSM, SuperGreens.



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Ögon, Öron

Trapezius descendens.

Edura: Ocu-Clear (SF798), Vacimyr (SF748), R-Lipoic Acid (SF771), Thiocid-300 (SF797).

AlphaPlus: Lutein Eyes, Zn arginin.

Helhetshälsa: Ögon: Gojibär-extrakt, Berry-antioxidantmix, Karotenkomplex, Linfröolja, ZinkOptimal
Öron: ZinkStatus, Probioplex, Bromelain, Berry-antioxidantmix, MSM.

Hjärna

Supraspinatus.

Edura: GB24 (SF739), Carnityl (SA520), Phosphatidyl Choline (SP605), Citicoline (SA530), Super EPA (SP608), DHA (SP609), Memoractiv (SF737), Iso-Phos (SF715), Nutri-ADD (SF754), Vinpocetine (SB360), Bacopa (SF728), Glutathione-SR (SA540).

AlphaPlus: Ginkgo Biloba, Rosetin, Fosfatidyl, Cholin, EPA/DHA, DHA-neuromins.

Helhetshälsa: Ginkgo Biloba, Gojibär-extrakt, Alfa-liponsyra.

Hypothalamus

Pectoralis major abdominalis, Adductor femoris.

Edura: Endo Supreme, Pantethine (SF706), B-Complex (B101-B106).

AlphaPlus: Cortico B5B6, Mega-B-Stress, FemPlex.

Helhetshälsa: -

Hypofys

Supraspinatus, Pectoralis major abdominalis.

Edura: Endo Supreme, B-Complex (B101-B106), Bio-PMT (SF710).

AlphaPlus: Cortico B5B6, Mega-B-Stress, FemPlex, L-theanine, passiflora.

Helhetshälsa: -

Tallkottkörtel

Teres major.

Edura: Endo Supreme, Manganese Picolinate (M211), P-5-P (B116/B126).

AlphaPlus: Manganese, L-theanine, Johannesört, Griffonia, Passiflora.

Helhetshälsa: -

Sköldkörtel

Teres minor.

Edura: Endo Supreme, Thyrocsin (Thyroid Cofactors) (SF765), Iodine-Tyrosine (M219), L-Tyrosine (SA514), Selenium Picolinate/Citrate (M256/M236), Super EPA (SP608).

AlphaPlus: Energenics, Thyrosol, Tyromin, Selen, EPA/DHA, L-Tyrosin, Iodo Caps, Green Detox, Ashwagandha.

Helhetshälsa: Jodikelp, HelaminTRACE, ZinkOptimal, SelenOptimal, JärnOptimal, Helavit IDEAL, Vitaminkomplex IDEAL, AO12.

Bisköldkörtlar

Levator scapulae.

Edura: Endo Supreme, Calcium-Magnesium Citrate/CitraMate (M218/M273), Cal-Mag Citrate Effervescent Powder (M222), Oscap (SG822), Oscap Plus (SG823), Vitamin K2 (K170).

AlphaPlus: Cal/Mag citrat, MagGlycinat, MultiNatt.

Helhetshälsa: -



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Thymus

Infraspinatus.

Edura: Endo Supreme, IM-Encap (SG820, SG821), Vitamin C with Flavonoids (C152), Buffered C Powder (C155), Moducare (SP633), G.T.-EX (SB336), Myco-Immune (SP629), Basic Immune Nutrients (VMH).

AlphaPlus: Tymokomp, UltraPotent-C, 500-C Metoxyflavon, Timjan, ImmuPlex, Echinacea Synergy.

Helhetshälsa: SuperGreens, Berry-antioxidantmix, Gojibär-extrakt.

Binjurebark

Gracilis.

Edura: Endo Supreme, Cortrex (SG801), Adrenal Cortex (SG803), Cortine (SG802), Phytisone (SG804), Rhodiola (SF755), Pantethine (SF706), P-5-P (B116/B126).

AlphaPlus: Adrekomp, Cortico B5B6, Energenics, FoTi, Gotu Kola, Lakritsrot, FemPlex, Sarsaparilla, Rosetin, Ashwagandha, Koppar Plus, Pantothenic Acid, Eleutero.

Helhetshälsa: Nybalans, SuperGreens, Saw Palmetto, Helavit IDEAL.

Binjuremärg

Sartorius, Gastrocnemius, Soleus.

Edura: Endo Supreme, Cortrex (SG801), Cortine (SG802), Phytisone (SG804), Rhodiola (SF755), Pantethine (SF706), P-5-P (B116/B126).

AlphaPlus: AdreKomp, Cortico B5B6, Energenics, FoTi, GotuKola, Ginseng, Lakritsrot, FemPlex, Sarsaparilla, L-theanine, Eleutero, Passiflora.

Helhetshälsa: B-vitaminkomplex, SuperGreens, GI-mellanmål, MagnesiumOptimal, Chlorella.

Livmoder / Prostata

Gluteus medius posterior, Gluteus maximus.

Edura: Endo Supreme, Nutri-Fem (VMF), Meta-Fem (VMW), Bio-PMT (SF710), Meta-Balance (SF711), Bio-GYN (SG815), Indole-3-Carbinol (SF749), Soy Isoflavones (SB341), Serenoa Gelcaps (SF762), Basic Pygeum Herbal (SF761), Al's Formula (VMM), Perfusia-SR (SA525).

AlphaPlus: FemPlex, Sågpalmsbär, DongQuai, Damiana, ZinkPlus, Sarsaparilla, Lakritsrot.

Helhetshälsa: Livmoder: Isoflavonoider, Wild Yam cream, Bromelain, Linfröolja, GI-mellanmål, SuperGreens. Prostata: Saw Palmetto, ZinkStatus, SelenOptimal, Gojibär-extrakt, Vegetarian&Vegan, AO12, Lignaner.

Äggstockar / Testiklar

Piriformis, Gluteus medius anterior.

Edura: Endo Supreme, Nutri-Fem (VMF), Meta-Fem (VMW), Bio-PMT (SF710), Meta-Balance (SF711), Bio-GYN (SG815), Indole-3-Carbinol (SF749), Soy Isoflavones (SB341), Serenoa Gelcaps (SF762), Basic Pygeum Herbal (SF761), Al's Formula (VMM), Perfusia-SR (SA525).

AlphaPlus: FemPlex, DongQuai, Omega EFA, Linfröolja, Damiana, Ginseng, Sågpalmsbär, Sarsaparilla, Meta EPO, MenoHop, Meta I 3 C.

Helhetshälsa: Äggstockar: Wild Yam cream, Isoflavonoider, C-vitamin (askorbinsyra), Berry-antioxidantmix, Linfröolja, Nybalans. Testiklar: ZinkStatus, Saw Palmetto, Linfröolja, Nybalans.



Denna sammanställning är gjord av:

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